



**April 12-14,  
2024**



*Community is a gift to be  
received from one another*

**CMCL  
Women's+  
Retreat**

## **at Charter Hall Retreat, along the Chesapeake Bay**

**499 Charter Hall Rd, Perryville, MD 21903 (about one hour's drive from Lancaster.)**



Come join the Women's + Retreat where we will be receiving the gift of community from one another while contemplating our interconnectedness, and cultivating our capacity for connection. We will have the opportunity to explore paths to connectedness through sharing, relaxing, enjoying nature, eating and singing. Facilitated by Melanie Yoder Salim.

Weekend cost is \$100, or \$65 for Saturday only. But don't let cost be a limiting factor – bursaries are available. Let the planning committee know what you can pay and come anyway.

Accommodations are rustic, shared rooms. Views are amazing. We share cooking; the food is always great. All are welcome.

# REGISTRATION FORM

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

☐ I plan to attend the full weekend.

☐ I plan to attend from \_\_\_\_\_ to \_\_\_\_\_.

Please check meals you will be eating at retreat: ☐ Fri. supper ☐ Sat. breakfast ☐ Sat. lunch

☐ Sat. dinner ☐ Sun. breakfast Please indicate dietary restrictions: \_\_\_\_\_

*We encourage carpooling.* ☐ Check here if you need a ride ☐ Check here if you are willing to drive

If you are willing to drive, how many passengers with luggage can you accommodate? \_\_\_\_\_

When do you plan/hope to leave Lancaster? \_\_\_\_\_ (time) on \_\_\_\_\_ (day).

When do you plan/hope to return to Lancaster? \_\_\_\_\_ (time) on \_\_\_\_\_ (day).

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## Friday

5:30 pm, arrival. 6:00 pm, light supper. 7:00 pm, welcome circle. 8:30 pm, tea & dessert.

## Saturday

7:30 am, morning yoga. 8:30–9:45 am, breakfast. 10–12 am, group gathering. 12–1 pm, lunch. 1–3 pm, group gathering. 3:30 pm–5:30 pm Nature walk. 6–7 pm, supper. 7 pm, dessert with group gathering. 8:30 pm, Campfire, s'mores and singing.

## Sunday

8–9:30 am, Breakfast. Free time. Leave Charter Hall by noon.

## What to bring

- your contribution for our meals (click here for [CMCL Women's + Retreat Sign Up for food](#) )
- bedding, towel, toiletries, if staying over.
- water bottle or mug; games, puzzles; masks optional.
- check for payment to CMCL for retreat

**Questions/Concerns?** Contact Beth at [bethegraybill@gmail.com](mailto:bethegraybill@gmail.com) or 717.413.0739.

**Registration:** Register by filling out the form above or [register online](#), or via the CMCL office at 717.392.7567, [cmcl@communitymennonite.org](mailto:cmcl@communitymennonite.org). You can find this flyer online at the lower right-hand corner of the home page, [communitymennonite.org](http://communitymennonite.org)

Payment to CMCL (***please designate for women's retreat***) can be made via one of the following: **1.** giving portal (instructions on web site, "Give" tab); **2.** credit card (through web site); **3.** check to CMCL by whatever means.