

## Next Sunday, July 14

Worship Leader— Leslie Homer-Cattell

Sermon —

Song Leader —

Prelude/Offertory— Dulce Shenk Zeager & youth

Sound Technician— Michael & Aaron Eby-Good

Greeter— Steve Walter

Ushers— Marichelle Roque Lutz, Jim Spicher, Jean Sensenig

Child Care—Christy Heatwole-Kauffman, Kim Van Donk; Helper— Ashton Clatterbuck

## CMCL Calendar

### July

7 — Hymn Sing

5— Parrot Gallery First Friday Reception

9— Free Yoga led by Sarah Fritz, 6:30pm, Sanctuary

21 — Pride Sunday

21— Free Yoga led by Sarah Fritz, 6:30pm, Sanctuary

23— Free Yoga led by Sarah Fritz, 6:30pm, Sanctuary

28 — Pride Sunday

### HOLDING IN LIGHT AND LOVE

*The persons named below are CMCLers who have shared joys or prayer concerns in the previous weeks, or persons who are no longer physically able to come to services. Please take time to remember these folks especially throughout the week, in thought and prayer.*

*If you have a joy or prayer concern you would like to bring to the congregation, please call or e-mail Susan, at [susan@communitymennonite.org](mailto:susan@communitymennonite.org).*

Anne Sensenig and Daniel Erdman

Luke Bomberger

Grace Byler

Chris Longenecker & Rick Shoup

Ron, Emily, Ellis & Annie Vogt

Pauline Zimmerman

Bernie Rauser

Louise Ranck

Judith Maurice

### Church Report

#### June 16

Attendance: 114

General Fund: \$7,039

MOOS: \$25

#### June 23

Attendance: 156

General Fund: \$13,232.13

*Weekly offerings need to average \$9,744 to meet budget.*



## Community Mennonite Church of Lancaster

### ANNOUNCEMENTS—JULY 7, 2019

#### CMCL

#### CHRISTIAN ED FOR ALL AGES WILL RESUME SEPT 8

**CMCL OFFICE TECHNICAL DIFFICULTIES**— We apologize if we have missed a communication or request from you this past week, as we experienced technical difficulties for the majority of the week. Our phone and internet are now back online! Thank you for your patience and understanding as we continue to catch up this coming week.

**MCUSA CONVENTION JULY 2-6** — Leslie Homer-Cattell, Susan Gascho-Cooke and Paul Brubaker represented CMCL as delegates to the Mennonite Church USA convention in Kansas City. Amanda Stoltzfus, 19 of our Senior Youth, and 4 chaperones also attended Convention. Thank you for your thoughts and prayers.

**PRIDE SUNDAYS AT CMCL** — If you would like to help shape or participate in the two CMCL worship services following Lancaster Pride (July 21 and 28), please email [Susan@communitymennonite.org](mailto:Susan@communitymennonite.org) (she'll reply when she's back in town).

**THE CMCL PARROT GALLERY**—announces its 10th Anniversary Exhibit for September/October 2019. The gallery committee is inviting all artists/musicians to participate in a group show featuring the theme: "Earth Requiem." Original compositions will be performed during the First Friday receptions on SEP 6 and OCT 4. Please RSVP by July 15th if you wish to participate. All media welcomed. Details to follow. —Parrot Gallery Committee: Beky Weidner, Marcy Sims, Tyler Bushong, Mary Lou Weaver Houser

**PAX JC** —CMCL continues to collect food for the Food Hub. Fresh produce can be placed in coolers in Parrot Gallery; dry goods in the large basket at the back of the sanctuary. In addition to cereal, peanut butter, dried beans, pasta, rice, canned vegetables and fruit, clothing is also welcome, especially underwear and shoes for men and women. Children's items are not needed. Diapers in size 4, 5, and 6 are welcome.

**FREE CMCL YOGA** —All CMCLers are invited to join Sarah Fritz in the sanctuary for a free one hour yoga class at 6:30pm on the following dates: July 9th, 21st, 23rd, 30th and August 1st, 11th, 13th, 18th, 27th. One date to be added at the beginning of September. This class is given as part of Sarah's yoga teacher certification through Create Karma and is designed for all ages, body types and experience. Attend as you are available, feel free to bring family or friends - everyone is welcome!

**LIVING INTO OUR CORE VALUES: WHAT DO YOU THINK?** As we continue to think about 2020-2025 goals for CMCL, we'd like to hear from you this summer. How well do you think we are living into our core values and how might we do that more fully? We're inviting you to weigh in electronically! In addition, we are planning two brown bag lunches (right after worship on July 28 and August 25) for those who would like to talk more in person.

CMCL's core values are listed together below. To get the conversation started, what comes to mind when you think of how CMCL lives out our **love of God** - as expressed by our first four core values? What do you think we do well in terms of our first four values and how might we build on those strengths? How would you like to see us do a better job of living into our first four values and what would you be willing to do to help make that happen? **To share your thoughts visit:**

<http://tinyurl.com/cmclcorevalues>

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**CMCL's core values are related to our:**

**Love of God**

1. Known and loved by God
2. Called to follow Jesus
3. Nourished through worship
4. Nourished through the biblical story

**Love of neighbor**

5. Responsive to human need
6. Responding with justice, peacemaking, and compassion
7. Being drawn into a new creation

**Love of self/this community**

8. Nourished through relationships
9. Open to new dreams
10. Open to new voices

**REFUGEE SUPPORT** —Miguel Ikomo, first child of the refugee family CMCL supported four years ago, is heading to Elizabethtown College for his 2nd year. He again is \$4000 short in financial aid and would like very much to receive a loan from someone that he will agree to pay back as soon as college is over. If you want to contact Miguel directly his email is [miguelikomo5@gmail.com](mailto:miguelikomo5@gmail.com), Marty Kelley is happy to answer any questions [martykelley4plus@gmail.com](mailto:martykelley4plus@gmail.com)

**TO MY FRIENDS AT CMCL**, my deepest gratitude for holding me and my son, Chris in prayer since the death of his father, Steve Hershberger, on June 9. Please remember us through the summer months as we deal with all the emotions and activities that are suddenly thrust upon us with a sudden loss such as this. —Susan King

**GRATITUDE**— Many thanks for all the meals, cards and good wishes while I was recovering from hip surgery. Sincerely, Beth Graybill

**THANK YOU** —We have appreciated your thoughts and prayers, and the many expressions of comfort, support and sympathy that we have received from you, our community at

CMCL, since the death of Judy's dad (Jacob Harnly) on April 20. Thank you! Keith and Judith Maurice

**FERNE PELLMAN** — Ferne has moved and would like everyone to have her new address: 42 Circle Dr, Apt 115, Lititz PA 17543

***Community/General Mennonite***

**MENTAL HEALTH AND ADDICTIONS RESOURCE**— My MCC colleague, Janelle Bitikofer, is writing a book for churches on mental illnesses and addictions. *Streetlights: Empowering Christians to Respond to Mental Illnesses and Addictions*. It is a resource and discussion guide to increase knowledge of mental illnesses and addictions. Specific suggestions enable Christians and churches to support people experiencing these challenges. To make this resource available quickly, a Go Fund Me fundraising campaign is underway, if you wish to support this effort: <https://www.gofundme.com/mental-health-and-addictions-education-for-churches> Thanks! — **Jean Sensenig**

**OPENING INTO DIVINE LISTENING AT THE PRC**— At the Parish Resource center on July 19, 2019 from 7:00 pm – 8:30 pm \$25 for PRC Members (which CMCL is). Led by Annie Lengacher Browning, MDiv, LCSW and Annmarie Early, Ph.D. Divine listening rises from the space of stillness within. This practice of centering requires a release of our *You* (ego) in order to rest more fully within the stillness of the soul. From this place of inner quiet, we expand our awareness to hear the rising voice of Divine guidance in our living and listening.

**CULTIVATING SPIRITUAL CURIOSITY IN CHILDREN AT THE PRC** — July 10, 2019 **from** 10:00 am – 11:30 am, FREE for PRC Members (which CMCL is!), **at** the Parish Resource Center. Led by Jenn Weitzel, Director of Student Ministries, Calvary UMC. Are you wondering if the children in your life (at home, school, or in church) are engaged in spirituality? How do you creatively teach them about faith? Participants will: 1) learn about the values & patterns of children today, 2) understand how to cultivate creative spiritual formation through relationships and learning, and 3) practice creative ways to engage developing minds.